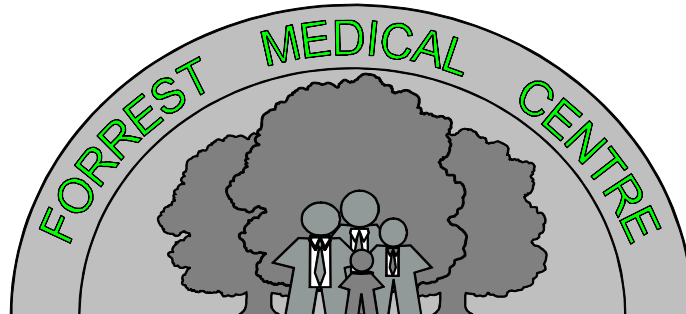

◆ Forrest Medical Centre ◆

January 2007



5 Top Tips.....For the New Year!

TIP 1. YOU DON'T NEED TO COME TO THE SURGERY TO GET A REPEAT PRESCRIPTION

Use the online repeat prescription request form that is available on our website (www.fmcgp.co.uk) to submit your request, fill in the required details and decide where you would like to pick the prescription up from. Then simply pick up your prescription from the surgery (Mount Street available now, Prior Deram Walk available very soon) or your medication from your chosen chemist.

TIP 2. YOU DON'T EVEN NEED TO COME INTO SURGERY TO 'SEE' A DOCTOR

There are a number of things that can be dealt with by a GP over the telephone, so if you feel that your problem is one of these (i.e. something that the GP does not need to see or examine) then ask a receptionist for a telephone appointment

when making your booking. The doctor will ring you on the number you give us within 30 minutes of the designated appointment time.

TIP 3. I CAN'T GET AN APPOINTMENT WITH MY USUAL GP?

Our GP's operate from two separate surgeries (69 Mount Street and 8 Prior Deram Walk) and so cannot be in two places at the same time. Most of the GP's also only work part-time and so there will be days and times when a particular GP is unavailable. All of the medical records are held securely on the computer, so all the GP's will have access to the same information and any of the GP's can see your details and deal with any problems and questions that you may have. The best way to see the same GP is to book your appointment in advance, but...

TIP 4. YOU CAN SEE A DOCTOR ON THE DAY IF YOU CALL BEFORE 11.00AM

If you contact us before 11.00am and want to see a doctor we will be able to offer an appointment that day. HOWEVER, this cannot always be with the doctor of your choice as there is obviously limited availability. If you feel you must see the same GP then please book ahead (bookings can be made up to four weeks in advance).

TIP 5. FOR MORE INFORMATION, PLEASE LOG ON TO OUR WEBSITE

For more information and further details on the clinics and services we offer please log on to www.fmcgp.co.uk.

COMING SOON....

You will soon be able to email health queries to the GP's from our website - keep checking the site for more details!
